Instructions for Requesting Access to the Sleep Heart Health Study through the National Sleep Research Resource

You are receiving this email because you have enrolled in the OHSU non-credit Data Wrangling class. As part of this class, you will be working with the Sleep Heart Health Study dataset from the National Sleep Research Resource (NSRR) for all exercises and assignments. In order to be able to participate in the course, you are each **REQUIRED** to go to the following link, follow the instructions, and individually request access to this resource by completing their data use agreement. We recommend that you complete this request as soon as you get this email but **NO LATER** than Wednesday September 19th in order to ensure your permission to use the data is approved prior to the course start.

If you have any questions, please contact the TA Rory Blucher (blucher@ohsu.edu), Ted Laderas (laderast@ohsu.edu), or Nicole Weiskopf (weiskopf@ohsu.edu).

1. Go to NSRR website https://sleepdata.org/
2. In upper right-hand corner click "Sign-in" and follow the step-wise instructions to make a new account.
3. Confirm your account through your email.
4. Go to the tab 'Datasets' on the top of the main webpage and select 'Sleep Heart Health Study' → 'Request Access'
5. Provide your information as prompted. You may use the DMICE address:
6. 3181 SW Sam Jackson Park Rd
7. Portland OR 97239
8. When you reach the questions that asks "Specific Purpose" for the data use, insert the statement provided below.
9. For the last question regarding IRB Approval, choose 'Skip' as it is not necessary for this workshop.

Please copy and paste the following text for the "Specific Purpose" field in NSRR Data Access and Use Agreement Statement:

I am requesting access to the NSRR resource as part of my participation in the OHSU non-credit Data Wrangling course from 9/24/18 – 10/5/18. Permission to use this resource will allow me to participate in class exercises and complete assignments. I will be supervised in the use of this data by Drs. Ted Laderas, Nicole Weiskopf, and Eilis Boudreau. I agree to abide by all NSRR data use rules.